

JUST BEING YOU

Recently I had to do a total factory re-set on a brand new laptop. Very frustrating, especially as I then had to re-upload all the software I use in my business as an author and a mentor. The problem was I ended up seriously losing two weeks of time when I should have been working on other things.

These problems brought home to me, that despite the changes in technology which have been developed in the 30 years since I first started working with computers, when things go wrong, boy do we suffer.

We know that today's technological advances allows us to access our information far faster than ever. But it also means that we have more and more information at risk than ever before. Yes, it keeps us connected and in touch with lots of people, even those on the other side of the world, but one has to wonder if in doing so whether there is a dangerous side. I don't mean in just the increased connections we make but also with the higher level of technological and media consumption we appear to be involved in. Will it lead to us forgetting who we are? Might we lose our direction once it all goes wrong?

Another side effect is that people are now finding it easier to find details out about celebs, turning them into God like idols. Yet, isn't it better to admire someone for who they are, for how they behave as a human being, and maybe for what they have achieved. Especially those who have aspired to reach a level of greatness, not just for them, but for us as well. Shouldn't we be admiring those who have defeated some insurmountable odds. Or are we deliberately overlooking the obvious? Mistaking admiration for aspiration, confusing idol for a role model, leaves us forgetting the simple man and woman?

If you're trying to be like someone else, whether it's dressing like them, looking or behaving like them, all without understanding what it took for them to get where they are now, it's a sure way for you to slowly become nothing at all.

Remember, you are still you. There is no-one else like you. There never was and there never will be. And that, believe it or not, is your real power.

Embracing your unique nature, instead of emulating someone else's, takes far greater courage and back-bone than anything. Taking a leap of faith in order to become who you want to be, who you feel is the best representation of your true self, without losing the real you, shows character. But also, you need to understand deeply that your journey is yours alone. That only you create the path you walk; not by following, but by leading. And with your head held high.

Question: Are you like your neighbour, your friend, your acquaintance? Or are you being you?

Your answer I am sure will be... I am me. Why? Because you don't want to be like them... do you?

So... think about what sets you apart from anyone else? What makes you feel alive?

Have you ever felt so enthusiastic about something that you couldn't wait to tell everyone about it? Ever felt so strongly about a dream or a desire you wanted, that you did not give up but kept on fighting for it, even when everyone else told you to give up?

Well, if that's who you are. Then that is what is pointing you in the right direction towards your true self. No-one else can show you the way. No-one else can guide you better than your own heart and mind.

So now... ask yourself this: What is really important to you? What is your passion? What are you willing to give up sleep, food, time and energy to?

If you have the answers then you have the layout of the path down which you should walk. But don't forget, being yourself will be a constant battle.

Always, remember this: in any given day, the world is asking you 'who you are?'

If you don't know, then the world will tell you. And I can assure you that you won't like the answer.

So... make your stand now and start being you. The real you. Be you in all that you do.

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